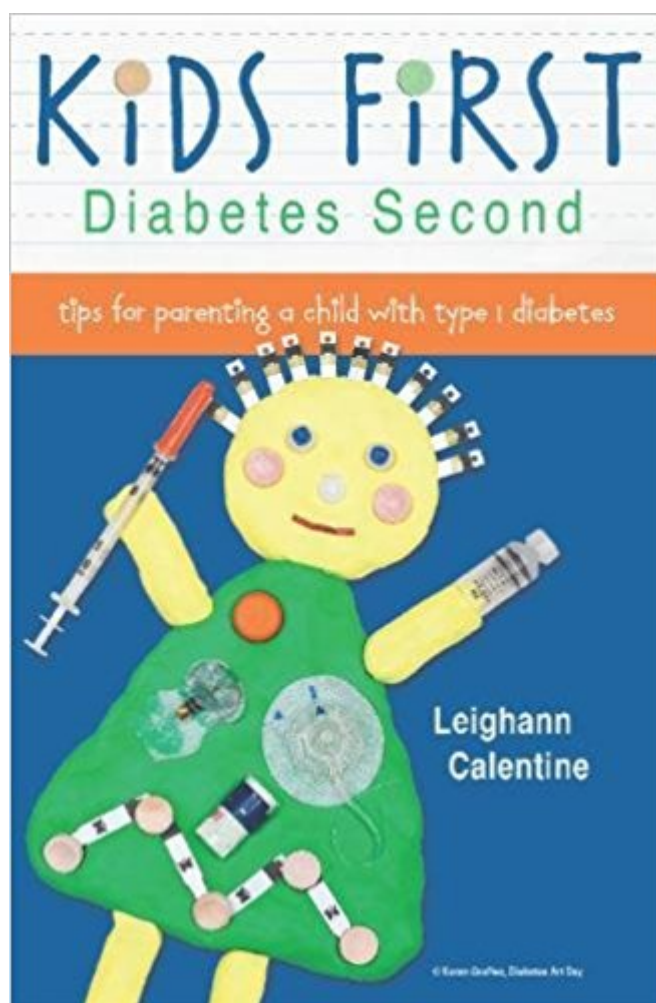


The book was found

KiDS FiRST Diabetes Second: Tips For Parenting A Child With Type 1 Diabetes



Synopsis

2013 ERIC HOFFER BOOK AWARD WINNER Raising a child is a difficult job. Raising a child with a chronic illness such as diabetes can be a difficult job with a side order of special challenges. Leighann Calentine's D-Mom Blog is an invaluable resource for parents and caregivers of children with diabetes. Leighann shares her family's experiences with her daughter's type 1 diabetes in a forum that is intimate, informative, and inspirational. In a style both practical and affirming, Kids First, Diabetes Second presents Leighann's advice to help parents and caregivers enable children with diabetes to thrive. Learn how to automate tasks, navigate challenges, celebrate achievements, establish a support group, relieve stress, and avoid being consumed by management of the condition, while focusing on what's most important: raising a happy, healthy child.

Book Information

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Customer Reviews

"There are many books about the medical aspects of living with type 1. There are few about the living a life aspects of type 1. This is one of the best. Highly recommended." Children with Diabetes; Leighann's book is the support system and toolkit that every family needs in order to make sure diabetes doesn't get in the way of your kid being able to live life like a kid. Diabetes Daily; [Calentine] did a great job explaining things and then used a fabulous panel of experts to help fill in various areas. The balance was brilliant and this is definitely a book that should be given to every newly

diagnosed family at least. [Diabetes Advocacy](#); It's a from the heart, hands-on guidebook for parents of kids newly diagnosed with diabetes or for those who've been at it for some years. As Leighann says, there's always more to learn and another tip or two to pick up along the way. It's a book for parents of kids with diabetes, grandparents and other caregivers in a child's life. DHCPs should also pick up a copy. We can all gain insights about the day to day realities of managing a child with type 1 diabetes. [Hope Warshaw](#), certified diabetes educator, author, [Eat Well, Live Healthy website](#); The only thing that surpasses the knowledge one may gain from reading Leighann Calentine's *Kid First, Diabetes Second* is seeing the passion from which the author has written. It should be on the desk of every diabetes educator and distributed to every newly diagnosed family who walks in their office. [Tom Karlya](#), Diabetesdad to the diabetes community, VP of The Diabetes Research Institute Foundation; this book covers the right balance of practical information on tactics and tips for managing diabetes along with how to deal with the emotional burden of raising a child with diabetes. [DiabetesMine](#); I read *Kids First, Diabetes Second* and thought it was fantastic. Leighann has clearly poured her heart into helping other parents help their children. I highly recommend this to anyone with a child with diabetes! [David Edelman](#), President, [Diabetes Daily](#); *Kids First, Diabetes Second* is a must-read for all T1 parents looking for a supportive voice. Even after three years of developing my family's tool set for handling type 1 diabetes, this book proves there are still more tricks to learn. Calentine writes from the heart and it feels more like you've got a close friend sitting down with you, dishing her experience in carefully measured portions; handled so tenderly, so sweetly, you better make sure you bolus when reading. [Dan Masucci](#), writer/director of *DxONE*, the first narrative film about type 1 diabetes; Written in a language that reads like a letter from your best friend, Leighann and Quinn have created a book that will absolutely give you the support and knowledge you need to get through every unexpected, confusing, and sometimes scary moment you'll face while raising your son and daughter with diabetes. [Ginger Vieira](#), author of *Your Diabetes Science Experiment*, type 1 since 1999; I wish that *Kids First, Diabetes Second* was in print when my daughter Arden was diagnosed with type 1 diabetes. I spent years figuring out the things that Leighann's book could have taught me in a weekend. It's a roadmap for newly diagnosed families and a reference for those that have been living with diabetes for years. If you are the parent of a child with type 1, this is the book for you. [Scott Benner](#), author of *Arden's Day*, parent of a child with type 1 diabetes "Kids First, Diabetes Second is a most valuable resource for any

overwhelmed parent looking to cope with a child's diagnosis and we recommend that parents who haven't read it should run not walk to get a copy!"#151;DiaTribe.org#147;Leighann's book was so wonderful#133;One of the things I loved about the book was that Leighann just laid it all out there so simply#133;I think it's that helpful, positive tone of the book that I appreciated the most. It was encouraging and it was nice to read from another Mom who has #147;been there-done that and has found some useful tips for us other parents. Sure, we all have to travel on this journey the best way we see fit for our child, but I love how Leighann SHARES what she knows. I think it's that education and that sharing of information that really comforts those who are going through it all. We know others are with us, have experienced what we are going through and can relate. We truly are NOT alone.#151;Kristina of One Happy Mama#147;This book will tell you everything that doctors and specialists will not. Leighann doesn't explain how to manage the medical aspects of diabetes, but rather, how to avoid allowing the medical aspects of the disease to take over daily family life. She stresses the crucial point that children should be children first, and children who happen to live with diabetes second.#151;The Motherhood

Leighann Calentine is a respected health blogger and diabetes advocate, who was recently recognized as one of the 10 most influential people currently within the diabetes online community.

Kids First Diabetes Second is a fantastic book filled with great tips, suggestions and advice for newly diagnosed families of children with T1D (Type 1 Diabetes). I wish this book was available when my son was diagnosed with type 1 back in 2008. The author shares her personal story about her daughter's diagnosis and as a fellow D-Mom, her words, feelings and responses mirrored my own throughout the book. What I loved about this book is that it is real. It is a book written by a Mother's journey/life experience from before diagnosis to present day. The book was also enjoyable to read as it featured stories from other D-Moms, D-Dads and friends of the author with Type 1 Diabetes. The one thing that is perfectly clear is that despite the anxiety, feeling of helplessness and being overwhelmed initially, managing this chronic condition does become easier. It truly does. This is my 4th year helping my son manage his T1D and checking blood sugars multiples times a day and taking insulin is as automatic as brushing your teeth. The author also provides a fantastic showcase of resources that any parent or caregiver will value. Resources include information about books, websites for advocating, support groups, school resources (504 plans), travel information especially for airline travel, snack tips, carb counts and an extremely valuable carb factors of

common foods and much more. This book is a valuable resource for newly diagnosed families but also for families that have been successfully managing their child's care for awhile. Kudos to the author for writing a much needed book for families of children with T1D!!

This book is a great comfort to those with a child newly diagnosed with type 1 diabetes. I read this book several months after my child was diagnosed and there were some things I already knew, but many things I had not thought of or that we had not encountered yet. It reads like a friend telling you her experiences...and that is exactly the comfort that a parent needs with their child's diagnosis. When I finished reading it I had the urge to turn back to the first page and start again...it truly was that much comfort to read. This book should be recommended to all families of children newly diagnosed. I recommend it for grandparents who will be helping in the care of a grandchild, or anyone who wants insight in to living with type 1 diabetes.

So, when I read the other reviews, I rolled my eyes when others commented on the cover but I had to hide this book from my daughter because she found the image very disturbing. I do think this is a good introductory book for someone, like me, who has just been thrown into this new world of T1D management!

We are a set of grandparents now raising our 11-year-old grandson who has T1d. I found this volume to be very helpful! I had to get a highlighter to keep beside me as I read, because there were so many great tips, and resources that I wanted to share with my husband!

My grandson was diagnosed at 6 years old with type one diabetes. This book helps the adult to treat the child as a child and not as a child as a disease. It is fabulous and I would recommend it to any lay person who has a child or grandchild that is newly diagnosed with type one diabetes and you are trying hard to understand it.

From a distance, the cover looks inviting... but only from a distance. Look closer and it really breaks your heart and brings perspective to what parents and kids who are dealing with diabetes. Leighann Calentine really brought home for me what members of my family are dealing with related to a recent diagnosis. I bought the copy for them but ended up reading the book first, and thoroughly enjoyed it. I plan on giving copies of this book to anyone I know who has children of any age dealing with diabetes.

In reading this book I realized that diabetes doesn't define the child. The time spent reading this book showed overwhelmed parents who had to learn a whole new skill set, the writer presented her travels through diagnosis to application of things learned in a clear and concise manner. I have used this book as a resource for a parent with a newly diagnosed T1 child. The parent stated she learned so much from the information published that she has since asked for a copy of this book to share with another parent of a T1 diabetic. I have added the book to my reference library.

Great book with excellent explanations!

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Insulin Resistance Book 1)

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